

EXCURSIONS

Excursions are a valuable part of our Summer Camp programme. When choosing excursions in the summer we focus on experiences with nature and/or maximum fun factor! In addition to the information provided on the Camp Calendar, separate more detailed **Excursion Permission Forms** for each trip will be available in your child's attendance book at the beginning of each week.

You must be sure to sign these forms in order for your child to attend and participate in the trips.

Here are some other pieces of information to allow trip days to flow more smoothly:



General Info:

- The children and staff **travel by chartered bus (big yellow school bus) - LAIDLAW-** on all of our excursions with the exception of our School Age trips to Bedford Park Community Centre Pool when we take the Mt. Pleasant 103 or Yonge 97 bus.
- Many of our trips involve **beachfront, wading pools, splash pads or swimming pools.** When lifeguards are not provided at a location, we take guards of our own and any necessary life saving equipment. Where lifeguards are provided, we will take extra guards to enhance ratios. We maintain ratios of at least 1 adult for every 4 children in the water as recommended by the Canadian Life Saving Society.
- Children wear **camp shirts and hats** when on field trips for easy identification as part of the group. These items are to stay at the Centre until your child has finished summer camp so that we can have easy access. Staff will ensure that they are laundered as needed.

EXCURSIONS cont'd

PRIOR TO TRIP DAY:

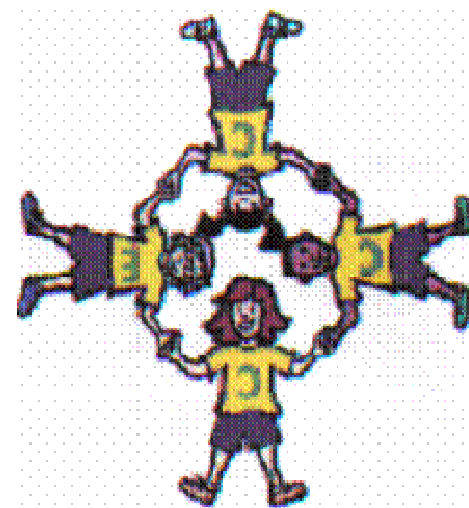
- Be sure to sign the Excursion Permission form in your child's attendance binder.
- We welcome parents & family members to volunteer on our trips if there is sufficient room on the busses. However, we do require advance notice of a couple of days as we must gather emergency info cards, etc. for each adult in attendance.

Trip Day:

- It is important to **arrive by 8:30 am.** Staff need time to process mandatory paperwork, recording child descriptions, etc... as well as complete necessary washroom/sunscreening routines before we can leave on an excursion. Leaving later than 9:00 means we will miss part of our programme.
- If it is a "Water" trip, please bring your child with his/her bathing suit underneath his/her clothing with sunscreen already applied. If your child has a life jacket, please bring it at the beginning of the week.
- Please make sure your school aged child (rooms 312 & Lunchroom) brings a bottle of water as well as a nutritious, litterless, **no nut or nut product lunch,** with an ice pack.
- Unfortunately, if you arrive after the children have loaded the busses, you will have to make alternate arrangements for the care of your child. As we must maintain ratios at all times, we will not be able to accommodate him/her in another programme.



CENTRAL EGLINTON CHILDREN'S CENTRE SUMMER CAMP 2009



WHAT YOU NEED TO KNOW!

Daily Details

Welcome to CECC's Summer Camp 2009

Below is a list of things you need to know. If you have any questions or concerns, please contact the child care office at 416 440-0383 or centralelington@rogers.com.

- Please make sure you **sign your child in upon arrival and out upon departure**. It is crucial as an added safety check as well as an important time for communication with staff.
- It is important in the planning for each day to know how many children will be in attendance. **If for some reason your child will not in by 9:30 am, please notify the childcare office** or we will assume that he/she will be absent for the day.
- **Daily information** about what activities we have participated in and things you need to know about for the next day, will be provided on at "whiteboard" on your child's classroom door. Please be sure to check it daily.
- **Camp Calendars** are meant as a guideline to the programme. Please pay special attention to departure/arrival times so that you will not miss out on any of our trips/excursions. Please note that **events/trips listed on the calendar may change** depending on the weather, needs of the children and other unforeseen circumstances.
- Although we make every effort to provide consistent staffing in our programmes, **there may be changes in your child's staff or room over the course of the summer**. Many of our staff take holidays over the summer months and some of CECC's classroom floors will be stripped and waxed. Please be assured that we will do our best to minimize the effect on children & families.
- Many children in the Centre have **life-threatening allergies**. For this reason, please note, we do not allow any outside food in our Preschool/Kindergarten programmes and ask that families of School Age children be diligent in ensuring that their child's lunch is free of nuts & nut products.

Outdoor Play

Outdoor play is an integral part of our programme. We will modify the amount of time spent outdoors dependant on temperature, air quality, etc. We will apply sunscreen prior to each outdoor session, and if we are on extended trips, as necessary. Water and shady areas are always provided.



- If the weather conditions are unsuitable for outdoor play, staff will provide alternate gross motor play opportunities in the gym, or great hall.
- Our play tends to be very active. Please, when preparing for summer camp provide footwear with a **back-strap**. As we have witnessed safety issues with **flip flop type footwear, they will not be permitted**.
- **It is important that your child always have the following items, clearly labeled with his/her name available in his/her cubby:**

-**sunhat** (not visor)

-**full change of clothes**

-**light sweater** or jacket for cool weather

-**bathing suit, towel** and **water shoes**

-**backpack** to carry belongings

-**pair of shoes for inside** the building,

and a **pair for outdoors** -

****MUST HAVE BACKSTRAP**



PROJECT GREEN

This programme introduces the children to basic concepts of how plants grow, the environment and how to care for it. JUNIOR CAMP (Rooms 101 & 103) will participate at the Centre on Thursdays—gardening in our planter boxes, while the children of INTERMEDIATE CAMP (rooms 105 and 201) will participate on Mondays. Each child will bring home something each week so that they can share with you what they have learned.

Swimming at Bedford

Our SENIOR camp children (rm 312 & Lunchroom) will have the opportunity to swim at Bedford Park Community Centre (Ranleigh Road) on Tuesdays. Our swim times will be during the middle of the day. We will maximize our visits to Bedford by participating in some planned activities and having lunch in its schoolyard. The pool is very shallow (4 ft in the deep end) so all children can participate. We will be traveling to and from the trip by TTC—either the Mt. Pleasant 103 or Yonge 97 bus.



Workshops

Each Monday, our SENIOR camp children will have opportunity to participate in three workshops presented by a variety of "experts." These hands-on presentations vary from week to week and encompass a wide variety of skills: sports, drama, visual arts, cooking, etc. Children will rotate through each of workshops over the course of the afternoon.